



## From the President's Desk

The long spell of a cold wave in the first month of the year did not dampen the spirits of our Members.

We continued with our Club Meetings and various activities. We had our own member PP Rtn Ashok Thussu - who is the Club Learning Facilitator don the mantle of a Speaker. He took us through the process of setting SMART goals and clearly prioritizing them and working on a plan to achieve them.

A unique feature of our Club is the ritual of a Board Meeting hosted by the Board Members one by one by turn. We had the 7th Board Meeting wherein the Members were updated with the plans for the month and approval is sought for activities entailing financial implications.

The event of the month was the Republic Day celebration and Installation Ceremony of the DoaR School Interact Club. This school has 48 children and is managed by an enterprising couple Divya Prakash and Meenakshi. The children put on a dazzling show. The speeches were electrifying and inspiring. The incoming Team was pinned and felicitated and the outgoing team was complimented for their good work.

Most heartwarming gesture of the event was the appreciable effort put in by the children in preparing snacks and tea in the morning and then a delicious brunch for the entire gathering. The school's kitchen is run by its own children who specialize in Vegan cooking and have their own channel too on YouTube, posting their recipes every now and then. The food served was really delicious and wholesome, a treat to remember.

I am sure this was an encounter with some of the most promising future citizens of the country who could become role models for many more underprivileged children to not only become self-reliant but also serve the society and the country in the best possible manner.

Jai Hind



### Key Club Office Bearers 2023 - 24

President  
Wg Cdr Baljit S Ahluwalia

President Elect  
Rajeev Goel

Vice President  
Sushma Mattu

Hony. Secretary  
Gita Jain

Treasurer  
Anil Kumar Bhatnagar

Sergeant at Arms  
Dr Dinesh Saksena

Joint Secretary  
Seema Bangia

Director Club Service  
Meeta Ghosh

Director Vocational Service  
Reena Sawhney

Director Community Service  
Neera Verma

Director International Service  
Sanjeev Sawhney

Director Membership  
Arun Gupta

Director Youth Services  
Sunil Khanna

Club Learning Facilitator  
Ashok Thussu

Chair - CSR  
Lalit Mattu

Chair - BDC  
J K Puri

Chair - Public Image  
Mohin Bangia

Project Chair  
Muninder Anand

Chair - News Bulletin  
Anil Kumar Bhatnagar



## Events of the Month - January 2024

### Club Meeting ( 12<sup>th</sup> January)



The club meeting commenced with President Baljit Ahluwalia briefing the members about the ongoing activities with special reference to the upcoming Republic Day Celebrations with the Children of the NGO Donate an Hour (DoAr). The programme includes installation of DoAr's Interact Club and handing over blankets, woolen socks and chappals to all the children there.

The speaker in this meeting was PP Rtn Ashok Thussu, our own member and Club Learning Facilitator. Introduced by Rtn Anil Bhatnagar, Rtn Ashok Thussu is an engineering graduate and has decades of rich experience in diverse areas- from manufacturing industries to service industries .He is the Director and Master Licensee for LMI South Asia and has served the US based LMI organization, a world leader in leadership and transformation programs with over 4 million participants and is present in 90 countries since 2002. He holds the copyrights of several management methodologies, training programs and Decision Support systems and has several papers published in national and international publications. He has authored two books, the latest in Personal Ethical Leadership. Rtn Ashok Thussu has been a recipient of the Udhyan Shree award from the President of India at the young age of 25 and is a Paul Harris fellow with a sapphire. He has several other international awards to his name.

During his session, he engaged the club members with a workshop, WHEEL OF LIFE. The deeply introspective session helped uncover latent and dormant desires in a structured walk through. Then exploring current life-work balance status and identifying valuable goals to pursue over the next couple of years to generate greater satisfaction and success in life. The exercise essentially focused on prioritizing the 6 major areas of life in order of their immediate importance and then prioritizing the GOALS too in each area of life. These areas are:



1. Family and Home
2. Financial and Career
3. Mental and Educationalm
4. Physical and health
5. Social and Cultural
6. Spiritual and Ethical



The session was well received and appreciated by the members as it touched the very core of every human being's life and was important for attaining a balance in life leading to satisfaction and happiness in general. President Rtn. Baljit Ahluwalia and R'anne Anita Ahluwalia presented a gift to Rtn Ashok Thussu. The vote of thanks was delivered by Rtn Rajeev Goel.



## Installation of DoAr Explorer Academy Interact Club(26<sup>th</sup> Jan)



75th Republic Day was well spent With Young Leaders at Donate an hour Explorer Academy School. 20 members of our Rotary Club embarked on a heartwarming visit to Donate An Hour School on Tauru Road run by the dedicated couple **Divya Prakash and Meenakshi**. Donate An Hour provides holistic education and values-based learning to children from Class III to Class VIII. This wasn't just any visit, It was a chance to witness the installation ceremony of the school's **Interact Club**, one of nine such clubs supported by the RCGQE across Gurgaon. The ceremony began with the unfurling of the national flag by President Baljit S Ahluwalia, accompanied by the patriotic chorus of the National Anthem.



← Ceremony Begins with Traditional Diya Lighting





True stars of the show were the **48 children** of Donate An Hour. They took center stage with a dazzling 30-minute performance, their smiles and energy melting away any remnants of the morning mist. We witnessed the outgoing Interact Club team being recognized for their hard work, followed by the exciting badge-pinning ceremony for the incoming 2023-24 team





The children served us hot brunch. We gave away a blanket, a pair of slippers and a pair of woollen socks to each child with a **cheque of Rs 21000/-**. The vote of thanks was delivered by Rtn Rajeev Goel.

**KIDS PREPARING LUNCH IN THE KITCHEN** ↓



## A Short Talk on Eye Care By Rtn Dr Saksena (15<sup>th</sup> Jan)



On January 15th, Rtn Dr. D. N Saksena was invited to give a short talk on eye care to children attending the Winter Camp at Nathupur Government Secondary School.



## Board of Directors' Meeting (20<sup>th</sup> Jan)





<b>February</b>	<b>BIRTHDAYS</b>
<b>1<sup>st</sup></b>	<b>Mala Puri</b>
<b>February</b>	<b>ANNIVERSARIES</b>
<b>7<sup>th</sup></b>	<b>Manish &amp; Reena Mittal</b>
<b>25<sup>th</sup></b>	<b>Vinod &amp; Indu Sud</b>
<b>27<sup>th</sup></b>	<b>Hemant &amp; Neetu Ruia</b>
<b>27<sup>th</sup></b>	<b>Lalit &amp; Sushma Mattu</b>



### Club Calendar for February 2024

<b>1<sup>st</sup></b>	<b>Thursday</b>	<b>Distribution of spectacles at Govt. School, Chakkarpur</b>
<b>1<sup>st</sup></b>	<b>Thursday</b>	<b>Distribution of spectacles at Govt. Sanskriti School, Sushant Lok - 1</b>
<b>3<sup>rd</sup></b>	<b>Saturday</b>	<b>Blood Donation Camp at Scottish High School</b>
<b>18<sup>th</sup></b>	<b>Sunday</b>	<b>Club Picnic</b>
<b>23<sup>rd</sup></b>	<b>Friday</b>	<b>Club Meeting</b>